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## Activity Report: ECG Check-up Camp for Nutan College Staff

**Date:** 10/02/2019

**Location:** Nutan College, Selu

**Organized by:** Health Club and NSS Department, Nutan College, Selu

**Facilitated by:** Dr. Z. I. Patel, Patel Hospital

### Introduction:


The Health Club and National Service Scheme (NSS) Department of Nutan College, Selu, organized an Electrocardiogram (ECG) checkup camp for the college staff in collaboration with Dr. Z. I. Patel from Patel Hospital. This camp was designed to offer an essential health service to the college staff, allowing them to monitor their heart health and identify any potential cardiovascular risks.

### Objective:

The main objective of the ECG checkup camp was to ensure the well-being of the college staff by providing a simple yet effective method for assessing heart health. It aimed to encourage staff to adopt a proactive approach to health, emphasizing the importance of early detection of heart-related issues.

### Activities and Procedures:

The ECG checkup camp was set up on the college campus, with a designated area equipped with the necessary ECG machines and staffed by experienced medical professionals from Patel Hospital. The following activities were conducted during the camp:

  
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**Registration and Consent:** College staff were required to register for the ECG checkup, providing their basic information and signing consent forms for the screening.

**ECG Check-up:** The ECG procedure involved attaching electrodes to the body to record the heart's electrical activity. The screenings were conducted by trained professionals, ensuring accuracy and safety.

**Consultation and Advice:** After the ECG checkup, the results were reviewed by Dr. Z. I. Patel and his team. They provided feedback to each participant and offered advice on maintaining heart health, as well as recommendations for further medical consultation if required.

### **Participants:**

The ECG checkup camp was open to all Nutan College staff members, including faculty, administrative personnel, and support staff. The response was encouraging, with a large number of staff participating in the screening. This showed a strong commitment to health and wellness among the college community.

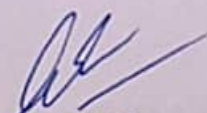
### **Outcome and Impact:**

The ECG checkup camp proved to be successful in providing college staff with a valuable health service. The screenings helped in the early detection of potential heart issues, allowing staff to seek further medical advice if needed. Additionally, the camp fostered a greater awareness of heart health and encouraged staff to adopt healthy lifestyle habits.

### **Conclusion:**

The ECG checkup camp organized by the Health Club and NSS Department of Nutan College, Selu, in collaboration with Dr. Z. I. Patel from Patel Hospital, was a meaningful event that contributed to the well-being of the college staff. By providing a platform for heart health assessment, the camp highlighted the importance of regular health checkups and preventive care. Nutan College plans to continue offering similar initiatives to support the health and wellness of its staff and to encourage a proactive approach to healthcare.

### **Evidence of success**

  
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Patel Hospital, Padegaon Aurangabad ECG Checkup M.D.Sawandkar by Dr.Z.I.Patel



Dr.I.Z.Patel is Checking BP,Sugar and ECG of Women Professor Patki A.C., Dr.Niralwad Kirti and Doifode

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